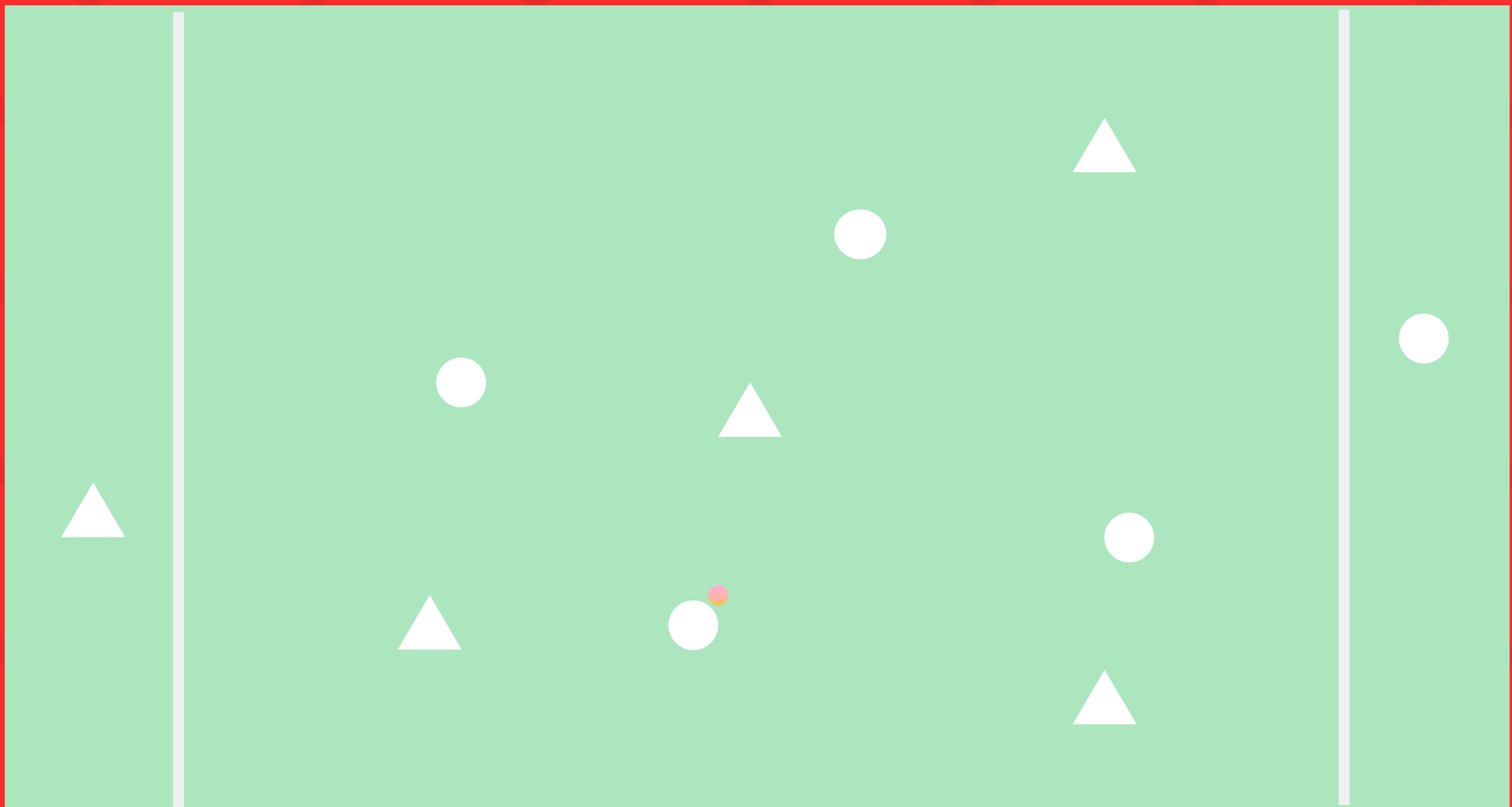


END BALL

AIM: Two teams of 5 play against each other. In order to score a point a player has to pass the ball to a team mate who is stood in the end zone.



Rules:

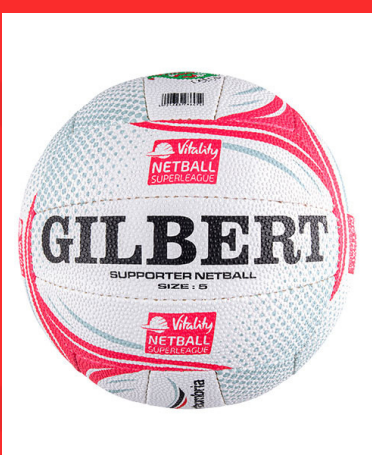
- Can not run with the ball
- Defenders must be 1m away from the person with the ball
- Player in the end zone can move anywhere in that zone
- To score the player in the end zone must catch the ball without dropping it

Differentiation:

- Increase/Decrease size of End Zone
- Increase/Decrease size of court
- Increase/Decrease number of players

Progressions:

- Player in the End Zone must stay in the same position
- Only certain types of passes allowed e.g. chest, overhead



SPORTING INFLUENCE
Improving social skills through sport

