

HOOP DASH

HOW TO PLAY:

- Hoops are placed spread out in the playing area.
- Children can move around the area in different ways avoiding the hoops.
- On your whistle, children must find a hoop as quick as they can to stand in.
- As the game progresses, start taking hoops away.
- Children who can't find a hoop in time are out.
- This game really challenges and help develop reactions and realise how important space is.

