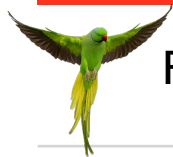
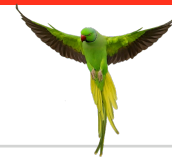


Boredom Buster

A mix of videos, challenges and guides to bust boredom



Positive Parrot: "My name is Dug. I have just met you and I love you."



Black Panther or Wonder Woman



Get fit with your favourite Superheroes. 20 minutes of fun and activity for all ages.

Keep up to date with Sporting Influence

Follow us on social media for up to date news, competitions and much more.

Facebook social media link with icons.

Twitter social media link with icons.

Instagram social media link with icons.



Healthy Harry's Lunch Box

Click the picture to take a look at Healthy Harry's lunch today!

COSMIC KIDS



Be a superhero in space with this exciting Cosmic Kids Superhero Video.

Check out the next page for...
Sporting Influence's Great Game Collection

Join Mr Atkinson on his morning workout.

Join Mr Atkinson on his morning workout.



KS1 & KS2 challenge from Mr Atkinson. Can you keep up with him?

Sporting Influence's Great Game Collection

Take a look each week to find a new game that you can play at home or school. Most of the equipment can be swapped to make every game achievable. Games can be made easier or harder to meet the ability and age of any Primary School Child. Click the pic to access the workout.

Frogs & Lily Pads

You will need:
Cushions/towels, space on a non-slip floor, obstacles (kitchen roll, books on their side).

Level 1 - Jumps
Children should line up 5 cushions/towels in a line. Make sure you don't use a slippery floor!

Click on us for help with the exercises.



Supporting schools through Corona Virus

www.sportinginfluence.com