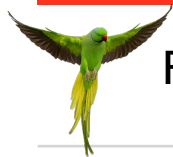
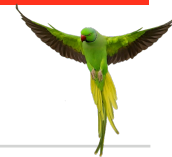


Boredom Buster

A mix of videos, challenges and guides to bust boredom



Positive Parrot: "Even miracles take a little time."



DANCE ALONG WITH KIDS BOP



34 MINUTES OF DANCE!!! Get your body moving, your mind active and your heart pumping with this fun workout!

Keep up to date with Sporting Influence

Follow us on social media for up to date news, competitions and much more.

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Healthy Harry's Lunch Box

Click the picture to take a look at Healthy Harry's lunch today!

COSMIC KIDS



Join Jamie at home to focus on how important yoga is to focus your mind.

Check out the next page for...
Sporting Influence's Great Game Collection

Join Mr Atkinson as he goes for a climb, at home!

Mr Atkinson is going climbing... are you going to join him?



Join Mr Atkinson as he sets off on his pursuit of the highest summit, in his house!

Sporting Influence's Great Game Collection

Take a look each week to find a new game that you can play at home or school. Most of the equipment can be swapped to make every game achievable. Games can be made easier or harder to meet the ability and age of any Primary School Child. Click the pic to access the workout.

The Mountain Climber

The three highest mountains in Britain are:

- 📍 Scafell Pike - 978m
- 📍 Snowden - 1085m

Supporting schools through Corona Virus

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