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Date: 22.6.21

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at SICKLINGHALL COMMUNITY PRIMARY SCHOOL

Advice for Child to Self-Isolate for 10 Days

Dear Parent,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that your child has possibly been in close contact with the affected child at the time they were asymptomatic. In line with the national guidance we recommend that your child now stay at home and self-isolate until Tuesday 29th June. **Return to school on Wednesday 30th June.**

Public Health have been extra cautious with their advice to schools and if we cannot guarantee close contacts then they are closing whole school / year group bubbles. With the Delta Variant being extremely contagious and the number of siblings spread across the bubbles, Public Health have advised that we close for everyone's safety.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period.

Please note that this may mean changes to the planned activities for the remainder of the term. We will be in touch in due course if anything changes.

It is important to remind families, not to ignore summer cold and virus symptoms and to be vigilant. If you require any advice, please call 111.

Headteacher: Miss Z Pickard

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Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Please inform school of any positive results via the admin email address.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Home Schooling

Your Class Teacher will send a link to online learning from tomorrow.

They will outline expectations of lessons and activities which will follow a similar pattern as previously.

They will all have a book to work in as not all sheets will be able to be printed before school closes today and therefore children may need to view their worksheet online but complete the work in their book.

All children, unless unwell, are expected online.

We have had to react to this very quickly, therefore, your patience is appreciated with supporting your child with home learning. Please speak to the school administrator if you have any problems.

Yours sincerely,

Zoe Pickard

Headteacher