



INSPIRE NURTURE BELIEVE ACHIEVE

*Working **together** to be the **best** that we can be.*

Happiness

Perserverance

Resilience

Kindness

Friendship

Respect

7.6.22

Dear Parents and Carers,

Re: Relationship, Sex and Health Education with Year 5 and Year 6

In the coming weeks, children in Y5 and Y6 will begin the lessons for this important unit of work.

How do the days work?

The children will work together just like they did on residential. Some of the sessions will be taught in single sex sessions to allow the children to feel more comfortable sharing their knowledge amongst their peers. The children learn about changes that happen to both male and female bodies during puberty.

Why are the lessons at Goldsborough?

Each year, depending on the numbers in each year group, a decision is made about which school can provide space for the additional pupils. There are more than twice as many pupils in Y5 and Y6 at Goldsborough so it is easier to transport the Sicklinghall children to Goldsborough. Mrs Fitzpatrick and Miss Kirby will both be attending too so the children will be supported by a familiar staff member.

The children have all met before and established some lovely friendships both on residential and during Bikeability. For the Year 6 children, some are attending the same High School, and for the Year 5 children, these activities together further strengthen their relationship ahead of next year's residential.

Why the Public Health Nurse?

Having delivered this myself with her for many years as a Class Teacher, I have always found the Public Health Nurse to be sensitive and calm in what can be a worrying time for the children. She has lots of experience and discusses any needs for the children with the Class Teacher beforehand. She understands the anxieties the children, parents and staff feel when delivering these topics and handles the content sensitively. In addition, she will always deliver the Y5 and Y6 content so by the time the children get to the Y6 content, she is a familiar face. With her delivering it, the Class Teacher is able to support the children additionally throughout the lessons.

The Class Teacher is then able to provide follow on learning from these sessions in line with the PSHE and RHSE curriculum.

Executive Headteacher: Mrs Z. Ellis

School Administrator: Mrs R. McCarthy

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Dates:

Monday 13th June – Parent / Carer Meeting online (Teams) – 5pm.

This is an opportunity for the Public Health Nurse to show families the content discussed at Y5 and Y6 in the lessons so that school and home can work together to support children in this sensitive curriculum area. If you are a Y6 parent / carer who attended this session last year, there is no need to attend again as both the Y5 and Y6 content was shared.

Please find the Teams Link [here](#):

Tuesday 21st June

Y5 Puberty Lessons and Y6 Internet Safety / Hygiene Lessons

Children from Sicklinghall will need to be transported to Goldsborough for 8:55am instead of Sicklinghall. Children will need to be collected from Goldsborough at 3pm (to allow for collection of siblings from Sicklinghall, and to return to Sicklinghall for any after school clubs etc.).

Thursday 23rd June

Y6 Puberty Recap and Y6 Conception Lesson

Y5 will work at Goldsborough with their Y5 friends who they met on residential.

Children from Sicklinghall will need to be transported to Goldsborough for 8:55am instead of Sicklinghall. Children will need to be collected from Goldsborough at 3pm (to allow for collection of siblings from Sicklinghall, and to return to Sicklinghall for any after school clubs etc.).

If you have any issues with transporting your child to and from Goldsborough, please discuss this amongst the class parents / carers in the first instance to see if it is possible to arrange transport amongst yourselves. If you are still struggling to arrange this, please email school no later than Thursday 16th June 2022 at 3:30pm.

Yours sincerely



Zoe Ellis (Mrs)
Executive Headteacher