

SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Colley

This term Mr Colley has been working with Key Stage 1 on Gymnastics and Dance and Key Stage 2 on Gymnastics and Handball.

In Gymnastics the children have:

- Explored individual and partner balances
- Linked rolls, flight and travelling.
- Created individual and partner sequences.

In Dance the children have:

- Explored different movements
- Created patterns
- Used poses and motifs
- Developed timing and synchronicity.

In Handball the children have:

- Developed accurate throwing and catching skills
- Explored finding space
- Created an understanding of shooting, moving with the ball and tactical awareness.

The After School Sports Club has enhanced:

- Passing skills
- Evading an opponent
- Tactical awareness.



Animal Themed Dance



Gymnastics







To find out more visit: www.sportinginfluence.com