

Sicklinghall Chill Out Zone



Sicklinghall Chill Out Zone is not a substitute for school – our aim is to allow the children to play in a safe and comfortable environment.

The children come to Chill Out Zone after a long day of learning at school and they need to be able to unwind and have fun. We offer a wide range of enjoyable and interesting activities indoors and make outdoor play available whenever this is practical.

We have our own equipment.

Activities available include:

Cooking

Crafts

Board games

Activities on the computer

DVDs

Outdoors:

Team games

Free play

Ball games

An organised activity is offered most days, but children are free to join in or not as they want.

Activities are planned after talking to the children about what they would like to do.



We also offer special activities eg. Chinese New Year, village walks, water play and Winter Olympic themed activities.

A typical afternoon will start with snack time. We offer a healthy snack each day – fruit, and bread based products (toast, crumpets, teacakes) and water or fruit juice. The children enjoy making their own toast and it is a time to sit

round the table and chat. We also take the opportunity to discuss plans with the children and try to establish what they might want to do that evening or in the future.

When the children have finished eating there will be various activities on offer, e.g. board games, box modelling (always very popular), Lego, colouring.

When it gets to 4 o'clock the playground gate is locked and we can go outside. We have our own

equipment which is different to what the children can use at playtime. They have full use of the field and playground and are free to play as they choose. The staff are there to watch, join in if requested, and make sure everyone stays safe.

