

Home school anti-racism worksheet: Who Am I?

Whilst we can't currently deliver our workshops in schools, Show Racism the Red Card want to support you to deliver a clear anti-racism message to your children. Young people today need to develop strong critical thinking skills, not only to succeed academically but also to help them evaluate the false information they may see online. Information which is designed to manipulate and mislead our children. The simple activities on these worksheets are designed to help you discuss racism with your children and whilst also helping young people to develop their own critical thinking skills.

Who Am I?

An activity looking at assumptions and judgements but this time focusing on nationality and religion. An excellent way to start a discussion around identity, skin colour and stereotypes.

Show your children the three attached faces (see attached) and explain that they are real people with real stories. For now, we will be guessing the **name, nationality and religion** of these people. Clarify that your child knows what the words nationality and religion mean. Ask **if they can name any of the six main religions that are followed in the UK?** (Christianity, Islam, Judaism, Buddhism, Sikhism and Hinduism). Also explain that it is fine if someone has no religion, and they may decide that one of the people you are discussing does not follow a religion.

Once they have guessed the name, religion and nationality for each of the 3 faces (but before you reveal the answers) tell your children that normally people think the first person is from Britain, the second person is from China, India or Japan and that the third person is from a country in Africa or the USA. Ask **why you think this is? What do people base their information on?** This will start a discussion around skin colour, identity and nationality – please use our suggested discussion questions below.

Discussion Questions:

- What information did you have to base your answer on?
- Does our skin colour have anything do with where we are born?
- Where do we get our skin colour from?
- What about religion? Can you always tell just by looking at somebody what religion they have?
- What's the only way you can ever know for certain where somebody is from and what religion they have?

Once you have had this discussion you can reveal the answers:



This is Jack. Jack is from Wales. He does not have a religion.



This is Alisha. Alisha is from England. She is a Muslim. She was born in England, so were her parents. Her Grandparents are originally from Bangladesh. They were asked to come to this country and work in the 1950s, as the UK needed people to fill jobs and help make the country stronger (see later immigration worksheet).



This is Serena. Serena is originally from France. She is a Catholic. She was born in France but moved to England when her mother came across to the UK to study at University, and got offered a job here. This means Serena, and her mother, are immigrants. This just means they were born in one country, but now live in another (see later immigration worksheet for more exercises)

Have a look at how many answers they got right. Chances are they will have guessed wrong for most of them.

- Ask them why this is? Why could they not tell that information from the pictures they were shown?
- Why did we do that activity? What were we learning?

This will now give you an opportunity to discuss judging, and that sometimes we presume things about people just by how they look, and before we actually know anything about them.

These judgements can lead to stereotypes, and both these types of behaviour can lead to some people not being treated fairly. We will look at stereotypes further in later worksheets.

Picture 1



Picture 2



Picture 3

