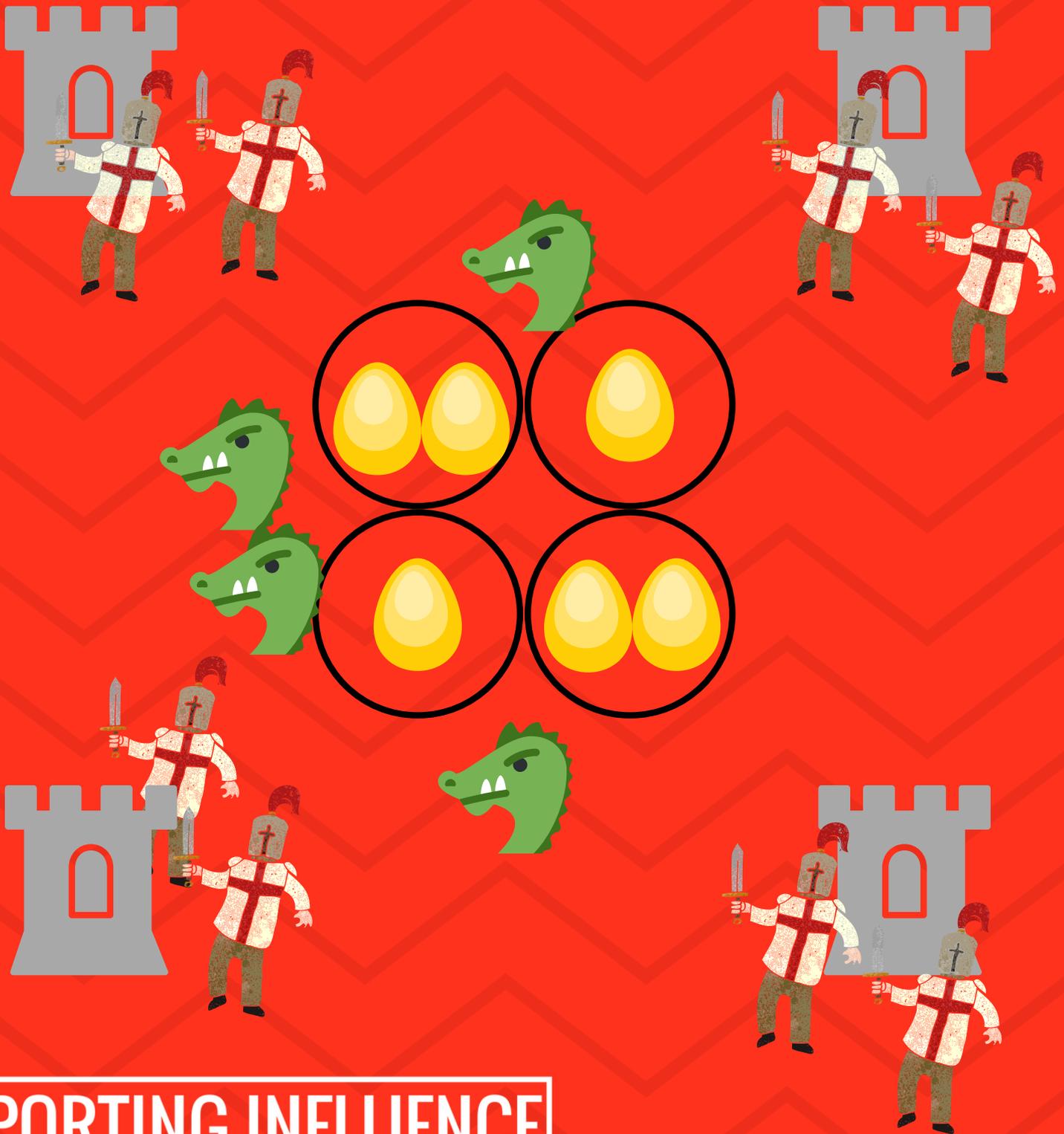


DRAGON'S LAIR



SPORTING INFLUENCE

Improving social skills through sport

HOW TO PLAY:

- The knights must leave their base - one by one, to try and take the golden eggs from the dragons lair.
- The dragons must defend their lair to save the eggs.
- If the dragon touches a knight then the knight must go back to base and high five the next knight.
- If the knights are fast enough they can capture the egg without being touched.

EQUIPMENT:

- Cones
- Footballs or other sport balls you choose.

PROGRESSION:

- Try capture the egg without being touched.

DIFFERENTIATION:

- Easier - Simply add more eggs that need protecting.
- Harder - Less eggs and more dragons.

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