

Boredom Buster

A mix of videos, challenges and guides to bust boredom



Positive Parrot: "Sometimes you gotta get through your fear to see the beauty on the other side."



Superhero vs Cheerleader



It is the age old question, who wins? Superhero or Cheerleader. Let Jump Start Jonny take you on a relaxing adventure so you can answer the question once and for all! Follow the link and choose any of the activities that look good to you!

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Healthy Harry's Lunch Box

Click the picture to take a look at Healthy Harry's lunch today!

COSMIC YOGA



This Cosmic Yoga celebrates how everybody is different. Join in with the fun here!

Check out the next page for...
Sporting Influence's Great Game Collection

Dive into the archives to see Mr Doetivator 2020

Mr Doetivator Returns



It is another Summer 2020 classic as Mr Doetivator returns to your screens for a normal day in lockdown!

Can you join in with the exercise and then make your own?

Sporting Influence's Great Game Collection

Take a look each week to find a new game that you can play at home or school. Most of the equipment can be swapped to make every game achievable. Games can be made easier or harder to meet the ability and age of any Primary School Child. Click the pic to access the workout.



Supporting schools through Corona Virus

www.sportinginfluence.com

Click on us for help with the exercises.

